



Prepare your wingfoil equipment

Equipment Checklist

- Floats in its cover with board leash
- Matte, foil
- Wing kite in its bag with its leash
- Pump, tools and screws

Transportation

- Protect equipment from the sun and strong temperatures in the car

Upon arrival on site

- Observation of dangers
 - o Weather conditions
 - ÿ Wind force, currents, temperature of water?
 - ÿ Gusty wind that could carry away equipment?
 - ÿ Sudden arrivals of a change in weather?
 - o Spot conditions
 - ÿ Presence of swimmers or divers? ÿ Depths?
 - Presence of objects underwater (rocks, poles, nets, etc.)



Preparing the board, connecting the mat to the board

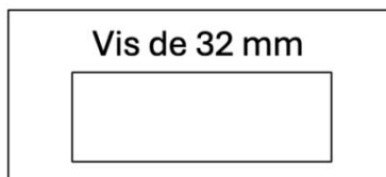
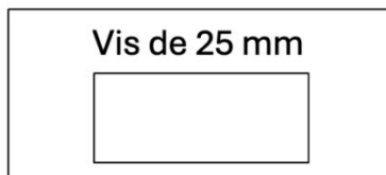
1. Remove the board from the cover
2. Install the board leash
3. Screw the straps if necessary
4. Place the board on the cover, foil box facing upwards
5. Push two nuts up the rail and two down (metal piece in the rail)



6. Place the mast on the board (keep the mast cover)



7. Align a first nut with a hole then partially screw in a 25mm screw



8. Same thing with the other 3 25 mm screws, tighten well...





Mat-foil connection

1. Screw the foil to the top of the mast with 32 mm screws. Screw the three screws repeatedly with a tightening torque of 15 Newtons.



2. Keep the covers of mast and foil until launching





FLOWSURFING WINGFOIL TIPS

Wing preparation

1. Do this at the last minute, just before going into the water.
The wing is fragile.
2. Unfold the wing, leading edge upwind
3. Connect the leash of the wing pump
4. Open the leading edge inflation valve and push in the orange piece



5. Connect the pump hose
6. Inflate to the indicated pressure.
7. Same operation for the central slat
8. Secure the wing securely so it doesn't fly away or flip over.
against the foil



FLOWSURFING WINGFOIL TIPS

Putting the water in

1. Hold the board in such a way so that the foil is oriented upwind
2. Hold the wing with the other hand



3. Enter the water
4. As long as the depth is limited, place the board on the water foil upwards. Be careful to avoid an accidental flip of the wing.



5. When you no longer have any footing, turn the board over. Watch out for stones.



6. Swim away from the shore
7. Position your board correctly in the direction you want to reach
8. Position the wing downwind
9. Get up
10. This is the beginning of a magnificent adventure!

